

# SOMERSWORTH

EFA

Priority/Required by Law

## AVAILABILITY AND DISTRIBUTION OF HEALTHY FOODS

*See also JLCF, EFE*

The School District will support the availability and distribution of healthy foods and beverages in all school buildings during the school day.

The Superintendent or his/her designee is responsible for ensuring that all foods and beverages distributed within the district meet nutritional standards established by state and federal law relative to: (1) nutrient density; (2) portion size; and (3) nutrition targets, as defined in pertinent law.

The Superintendent or his/her designee is responsible for implementing developmentally appropriate opportunities to learn food preparation skills that support nationally recognized research-based nutrition standards. The Superintendent or his/her designee is responsible for providing annual communication information about the policy and procedure and related curricula to the school community.

### Legal References:

7 CFR 210.10, Nutrition Standards And Menu Planning Approaches For Lunches And Requirements For Afterschool Snacks

Ed 306.04(a)(23), Availability and Distribution of Healthy Foods

Ed 306.11(g), (h), Food and Nutrition Services

New Sample Policy: May 2012

Review: July 12, 2012

1<sup>st</sup> Reading: August 14, 2012

2<sup>nd</sup> Reading: August 28, 2012

Updated: July 9, 2014